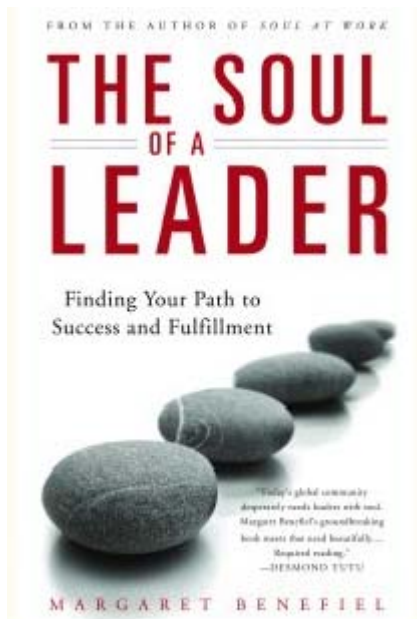


## Interview with Rev. Dr. Margaret Benefiel

### Focus Question for Further Reflection



### *The Soul of a Leader: Finding Your Path to Success and Fulfillment*

by Margaret Benefiel

*“Today’s global community desperately needs leaders with soul. Margaret Benefiel’s groundbreaking book meets that need beautifully, by teaching principles of soulful leadership, illustrated with stories of real leaders who practice them. Required reading.”*

*—Archbishop Emeritus Desmond Tutu  
Nobel Peace Prize recipient and human rights  
advocate*

### Introduction:

The following questions were selected from the book to help you in continuing your reflection on our conversation with Rev. Margaret Benefiel on her book and its impact to us as Spiritual Director in the 21<sup>st</sup> Century facing a world in need that is looking for answers. Please use this question as a guide for your reflection individually or to start a dialogue as a group. Remember that you will be able to hear a recording of the interview the after the meeting at the following web page:

<http://www.lifeinmotioninstitute.com/>

### Reflection Questions:


- Ch. 1: What first step is your heart beckoning you to take?
- Ch. 2: How have you invited partnerships?
- Ch. 3: How might you dare to dream now?
- Ch. 4: How have you returned to mission? How might you return to mission in a current challenge?
- Ch. 5: How have you received your work and colleagues as gift?
- Ch. 6: How have you committed to ongoing development of your own soul and the souls of those you lead?
- Ch. 7: How might you be being invited to forgive now?

Ch. 8: In what ways have you experienced a dark night of the soul, both in your leadership role and in the organization as a whole?

Ch. 9: In what ways have you experienced spiritual direction for your leadership role, formally or informally?

**Questions Source:**

Benefiel, PhD., Margaret. (2008) *The Soul of a Leader: Finding Your Path to Success and Fulfillment*. (Crossroad, New York)



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