



The Practice of Spiritual Direction by William A. Barry, s.j. & William Connolly.

Fr. Barry and Fr. Connolly felt that they had something unique to offer to the ministry; that was that spiritual direction is not about giving advice (psychological or otherwise), and that it is not about theology either. Instead, using the analogy of human friendship, they feel that a spiritual director can help a person notice that kind of relationship with God.

In this special presentation we will talk about Barry's revised and updated version of the book "The Practice of Spiritual Direction" and how the rest of his work has complemented this book and the ministry of spiritual direction. We will be talking about how his contributions help us to enhance our relationship with God.

Introduction:

The following questions were selected from the book to help you in continuing your reflection on our conversation with William A. Barry, s.j. on his book and its impact to us as Spiritual Director in the 21st Century facing a world in need that is looking for answers. Please use this question as a guide for your reflection individually or to start a dialogue as a group. Remember that you will be able to hear a recording of the interview the after the meeting at the following web page:

<http://www.spiritualworldnet.com/>

Reflection Questions:

1. How do you view your own friendship with God?
2. How do you maintain that absorption to the Other, as Fr. Barry talked about, so that you can notice your own response to God's self-revelation?
3. Of what Fr. Barry shared with us, what struck you as most important for one's own spiritual development?

For more information contact Sandra V. Padilla at svpadilla@spiritualworldnet.com or (305)298-5554.